

# ANNUAL REPORT

---

**EfE Foundation**  
ELDERS FOR ELDERS FOUNDATION



2023-24

# ABOUT US

Elders for Elders Foundation (EFEF) is a registered non-profit voluntary organization, dedicated to the holistic development and protection of the rights of the elderly and marginalised. Our sustainable and holistic interventions in elderly care, health, livelihood, education, and infrastructure development deliver innovative solutions to complex and deep-rooted development challenges.



# OUR VISION

To establish Vibrant Elders for Elders Movement for their dignity and self-reliance with 25000 elders in 2500 ESHGs across 250 villages in India.

## OUR MISSION

Mobilizing elders into their collectives (and higher order federations) and offering comprehensive/integrated care (by tapping own resources, rights entitlements and other resources).

## OUR VALUE

**01.**

Sensitivity

**02.**

Integrity

**03.**

Democracy

**04.**

Transparency

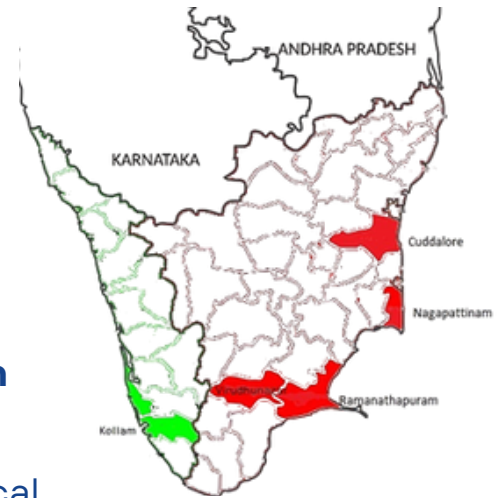
**05.**

Recognition, Respect and Faith

# OUR REACH

03 States    07 Districts

22 Blocks    113 Villages



## Cuddalore

- Community Based Palliative Care
- Cyclone Michaung Relief
- Screening camp

## Nagapattinam

- Medical camp
- Providing Medical Equipment

## Thiruvarur

- Construction of school building
- Medial camp

## Mayiladuthurai

- Michaung Cyclone relief
- Book festival
- Kabadi tournament
- Volley bal tournament
- Medial camp

## Ariyalur

- Distribution of nutritional kit under Swachhata Pakhwada
- Installation of Sanitary Napkin
- Medical camp

## Ramanathapuram

- Medical camp
- Establishment of burns ward
- Installation of High Mast
- Alambana - Livelihood Project

## Karaikal

- Distribution of first aid kit
- Swachhata Pakhwada- Beach cleaning

## Kollam (Kerala)

- Adopt a granny programme

# ACHIEVEMENTS

## 2023-24



### ELDERLY CARE

- EfeF Supported 4754 elderly under livelihood programme- Alambana
- 538 elderly received primary health care support through sub centres
- 42 elderly were given home care services through 'Palliative care services
- 29 were provided monthly cash support under Adopt- A- granny programme



### HEALTH CARE

- EfeF reached 3658 individuals directly through medial camps
- 2026 received spectacles
- 341 walking sticks were provided to needy persons



# ACHIEVEMENTS

## 2023-24



### EDUCATION

- EfeF provided 110 Nutrition Kits to the primary school children
- 112 girls supported through Napkin vending machines



### DISASTER RELIEF

- 10000 beneficiaries were provided with bedsheets in response to Michaung Cyclone
- 5000 households supported with rice bags in response to Michaung Cyclone



# ELDERLY CARE

Elders for Elders Foundation (EFEF) is dedicated to improving the lives of elderly communities through various initiatives that address their economic, social, and healthcare needs. The foundation has launched several impactful projects to provide livelihood support, healthcare, palliative care, and social security for elderly across Tamil Nadu and Kerala.



# Key Programmes

## I. Community Based Geriatric Palliative Care (CBGPC) Programme

Elders for Elders Foundation (EFEF) has been implementing the Community-Based Geriatric Palliative Care (CBGPC) program in Cuddalore district, providing critical healthcare support to elderly, especially those who are bedridden or suffering from chronic illnesses. This initiative ensures that aged receive compassionate, home-based care within their own communities, reducing their dependence on institutional healthcare facilities.





## Key achievements

538

Elderly received primary health care service

42

Elderly received home care services

258

Elderly received Physiotherapy service

2

Number of General Health camp conducted

1

Number of speciality camp conducted

5

Awareness training sessions organised

## II. Adopt-A-Granny Programme

In Kollam District, Kerala, EFEF runs the Adopt-A-Granny program, which supports 32 destitute elderly who have no means of income or family support. Each month, financial aid of ₹700 per person is provided to help them purchase groceries and other necessities. The project is funded by HelpAge India, and beneficiaries are selected through local elder self-help groups.



### III. Project Alambana

#### Project Coverage

**20** Village Panchayats covered

**340** Elders Self Help Groups

**4751** Elderly beneficiaries

#### Key Achievements

**993** Individual livelihoods promoted

**2** Collective enterprises started

Alambana Project is a transformative initiative focused on the social, financial, and health inclusion of elderly in Manadapam block of Ramanathapuram District. It is designed to enhance the dignity, security, and well-being of senior citizens, particularly those who are vulnerable and economically disadvantaged.



# HEALTH CARE

In the year 2023-24, Elders for Elders Foundation (EFEF) expanded its healthcare initiatives beyond elderly care to benefit the general community as well. Through a holistic approach to health and wellness, the foundation organized medical camps, eye screening programs, and infrastructure development projects to ensure accessible healthcare for all. The establishment of a burns ward at the Government Medical College Hospital, Ramanathapuram, was a significant milestone in improving emergency care facilities. Additionally, the foundation provided medical equipment to support healthcare services in rural areas. These initiatives reflect EFEF's commitment to enhancing community health by addressing both preventive and curative aspects of medical care, ensuring better health outcomes for elderly individuals and the wider community alike.

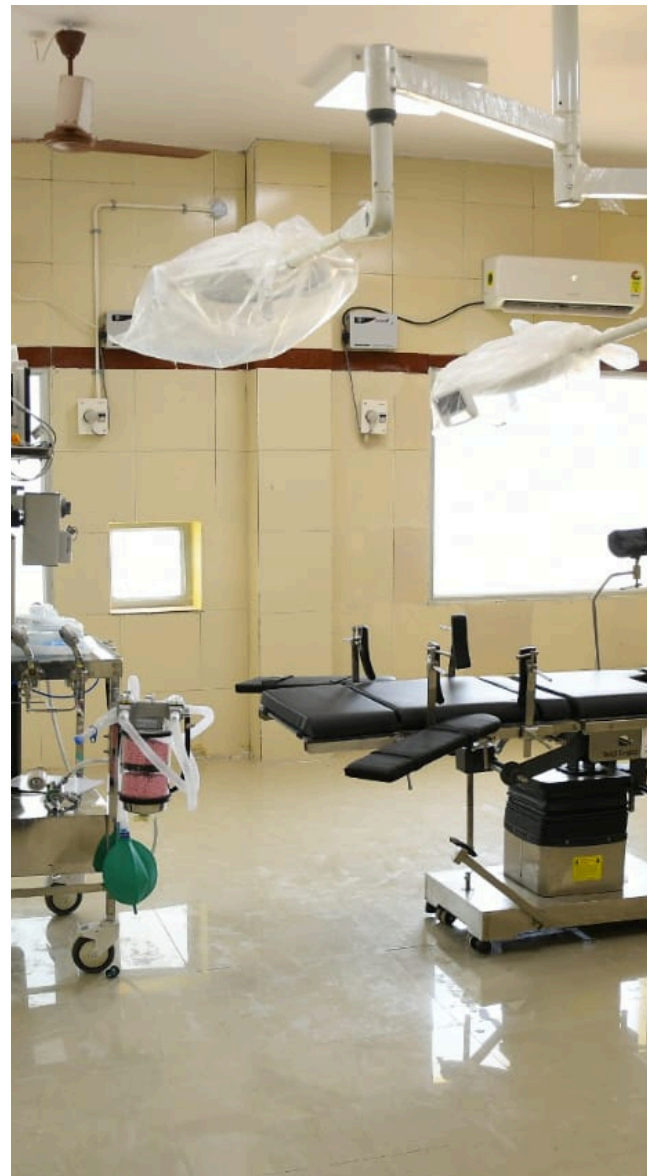


# Key Programmes

## I. Creation of burns ward at Govt. Medical College Hospital, Ramanathapuram

Elders for Elders Foundation, with the generous support of ONGC, has successfully established a state-of-the-art 10-bedded burns ward at the Government Medical College Hospital, Ramanathapuram. This significant healthcare initiative, valued at ₹1.20 crore, was designed to provide specialized care and treatment for burn victims in the region.

The burns ward is fully equipped with modern medical facilities to cater to patients' diverse needs. It includes an operation theatre for conducting critical surgeries, a specialized ward with 10 beds for intensive care, and a dedicated physiotherapy center to assist in the recovery and rehabilitation of burn survivors. Additionally, the ward is fitted with essential medical equipments such as an ECG machine for monitoring cardiac health, an autoclave for sterilizing surgical instruments, and advanced physiotherapy tools to ensure comprehensive patient care.



## II. General Health Camps and Eye Screening

A series of impactful medical camps across eight locations in the districts of Mayiladuthurai, Thiruvarur, Ariyalur, Nagapattinam, Cuddalore, and Ramanathapuram. These camps collectively served 3658 beneficiaries, addressing critical healthcare needs and promoting well-being. A total of 2026 free spectacles were distributed to improve vision, and 338 walking sticks were provided to support mobility, especially for the elderly.

# 3658

*benefitted*

# 2026

*provided eyeglasses*

Ramanathapuram emerged as high-impact areas, serving the largest number of participants and distributing the highest number of resources.



### III. Provision of Medical Equipment



EFEF successfully enhanced the healthcare infrastructure of Primary Health Centres in **Thirupaithangudi and Thirukannapuram**, Nagapattinam District, through a project with a total budget of ₹1,474,447. Essential medical equipment, including a suction apparatus, BP apparatus, stethoscope, fetal doppler, autoclave, nebulizer, cell counter, semi-auto analyzer, infant baby warmer, ECG machine, and centrifuge, was provided to strengthen diagnostic and treatment capabilities. This initiative has significantly improved maternal and child healthcare, infection control, and emergency care, ensuring accessible and quality healthcare services for underserved populations.

# EDUCATION PROGRAMMES

Education plays a crucial role in shaping the future of individuals and communities. Recognizing this, the Elders for Elders Foundation (EFEF) has undertaken several impactful education-related interventions during the year 2023-24. These initiatives aim to create a conducive learning environment, improve school infrastructure, and enhance student well-being. Key projects include the installation of a Sanitary Napkin Vending Machine to promote menstrual hygiene and reduce absenteeism, the Nutrient Kit Distribution Program to combat malnutrition among school children, and the construction of well-equipped school buildings to ensure safe and comfortable learning spaces. Through these interventions, EFEF continues to support education as a fundamental right, fostering a healthier and more empowered younger generation.





# Key programmes



## Construction of School buildings

Construction of school buildings at Kamapanamangalam and Udhayamarthandapuram in Thiruvarur District has been successfully completed with a total budget of Rs.30 lakhs. The newly constructed school buildings include well-equipped classrooms, sanitation facilities.



## Installation of Sanitary Napkin Vending

To promote menstrual hygiene and empower young girls, the EFEF installed a Sanitary Napkin Vending Machine at Government Girls Higher Secondary School, Meensurutti, Ariyalur district.



## Nutrient Kit to the school children

Nutrient Kit was distributed at Sundipallam Primary School, Ariyalur district, to improve the nutritional well-being of young children. By providing essential vitamins and minerals through nutrient-rich kits containing cereals, dates, iron supplements, and health drinks, the initiative helped combat malnutrition and promote healthy eating habits.

# DISASTER RESPONSE

Cyclone Michaung, which struck Tamil Nadu in December 2023, caused widespread devastation, particularly in Chennai and surrounding districts. The cyclone led to severe flooding, displacement of families, and disruption of essential services. In response to this crisis, the Elders for Elders Foundation, with the generous support of ONGC CSR funding, launched a relief initiative to assist the affected communities.

## Relief Initiative

Understanding the urgent needs of the displaced and vulnerable populations, the Elders for Elders Foundation undertook a large-scale relief operation focused on providing essential supplies:

- 10,000 bed sheets were distributed to flood-affected families, ensuring warmth and comfort for those who lost their belongings due to the cyclone.



- 25,000 kg of rice was supplied to ensure food security for affected individuals and families struggling with the aftermath of the disaster.

The relief distribution was conducted in coordination with local authorities and community volunteers, ensuring that assistance reached the most affected areas efficiently. The foundation's team worked tirelessly to identify the worst-hit regions and prioritize elderly individuals, low-income families, and those in relief shelters.

# FINANCIALS

We deeply appreciate the support of our stakeholders, especially our donors and partner organizations, whose invaluable contributions have been instrumental in advancing our mission. Across our operational areas, our finance teams have worked collaboratively to refine processes, strengthen best practices, and enhance efficiency and productivity, ensuring the effective implementation of our initiatives for the well-being of the elderly.

**ELDERS FOR ELDERS FOUNDATION  
TAMARAIKULAM ELDERS VILLAGE,  
PERIYAKANGANANKUPPAM, SUBA UPPALAVADI, CUDDALORE - 2.  
BALANCE SHEET AS ON 31.03.2024**

LIABILITIES	ASSETS	Rs.
<b>TRUSTEES CAPITAL A/c:</b>	<b>FIXED ASSETS:</b>	72040.64
Trustees Contribution	Add: Additions(printer)	9600
	INVESTMENTS	81640.64
	Shares & Securities	0.00
<b>RESERVES AND SURPLUS:</b>		
Fund Reserve Account		
	<b>CURRENT ASSETS</b>	
	<b>LOANS AND ADVANCES:</b>	
<b>UNSECURED LOAN:</b>	Cash on Hand	0.00
Loans & Borrowings	Cash at Bank :	2055781.79
	<b>Fixed Deposit</b>	
	Karur Vysya Bank	31,14,209.00
	Karur Vysya Bank	300000.00
	TDS Receivables	62669.00
	OtherAssets (old)	2792475.00
	Loans and Advances	1363752.62
<b>CURRENT LIABILITES AND PROVISIONS:</b>	<b>Other Current Assets:</b>	
Members Share Advance (Old)	<b>PROFIT AND LOSS ACCOUNT:</b>	
	Opening Balance (dr)	1445836.87
	Add: Excess of Income Over Exp	37162.08
		1482998.95
	<b>S. PREMCHAND, M.Com.,FCA., CHARTERED ACCOUNTANT, M.No.: 024932 No: 2, Chinnavanier Street, Thiruppapuliur, Cuddalore-607002.</b>	
<b>11253527.00</b>		<b>11253527.00</b>



**ELDERS FOR ELDERS FOUNDATION  
TAMARAIKULAM ELDERS VILLAGE,  
PERYAKANGANANKUPPAM, SUBA UPPALAVADI, CUDDALORE - 2.  
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2024**

	<b>Rs.</b>		<b>Rs.</b>
<b>EXPENDITURE</b>		<b>By</b>	<b>INCOME</b>
To PROJECT EXPENSES	2,93,16,624.00	By PROJECT INCOME	2,94,51,624.00
To CHARITABLE EXPENSES:		By INTEREST INCOME	3,06,718.00
To ADMINISTRATIVE EXPENSES:	3,10,342.92		
To REPAIRS AND MAINTENANCE:	67,813.00		
To EXCESS OF EXPENDITURE OVER INCOME	37,162.08		



↙

**2,97,58,342.00**

**2,97,58,342.00**

**S. PREMCHAND, M.Com., FCA.,  
CHARTERED ACCOUNTANT,  
M.No.: 024932  
No: 2, Chinnavanier Street,  
Thiruppalayur, Cuddalore-607002.**

## OUR VALUED PARTNERS

Our partners have always been a cornerstone of our initiatives, playing a crucial role in driving meaningful change. Their support has empowered us to strengthen communities and implement our programs more effectively and efficiently.

Over the years, we have collaborated with esteemed institutions from both the public and private sectors, enhancing the reach and impact of our projects across Tamil Nadu and Kerala.

We sincerely appreciate the collaborative, innovative, and impactful engagement. Their unwavering support has amplified the effectiveness of our interventions, making a lasting difference in the lives of the elderly we serve.

- **ONGC- Cauvery Asset, Karaiaikal**
- **ONGC- Cauvery Basin, Chennai**
- **HelpAge India, New Delhi**
- **Cuddalore Muthiyor Nala Iyyakkam, Cuddalore**

# WORK WITH US

## Elders for Elders Foundation

📍 No.33, Dhanabakiyam Nagar,  
Vanniyarpalayam  
Cuddalore-607 001  
Tamil Nadu

✉ *Email: [efefoundation@gmail.com](mailto:efefoundation@gmail.com)*

🌐 *Website: [www.eldersfoundation.org](http://www.eldersfoundation.org)*

☎ *Phone +91 97900 24490*

